



For Immediate Release

August 1, 2007

Saint Louis Naturopathic Clinic Launches Website

Saint Louis, MO – After four years of planning and preparation, Saint Louis native and naturopathic doctor Jamila Owens-Todd, ND and her team at The Meridian Institute for Naturopathic Therapies (MINT) will launch their clinic website on August 1, 2007. The website address is www.minthealth.org.

Jamila Owens-Todd graduated from the Canadian College of Naturopathic Medicine, one of the six accredited schools in North America for formal studies in Naturopathic Medicine. After four years of intense medical training, Jamila is a Naturopathic Doctor with the sole interest in helping others heal themselves. "Since I was a little girl growing up in Saint Louis I always wanted to become a doctor so that I could help people," says Jamila Owens-Todd. "Naturopathic medicine fit my ideals of self empowerment and my views on healthcare, fitness and wellbeing in general, so the launch of the MINT website is very special."

The Meridian Institute for Naturopathic Therapies exists to help individuals in the enrichment of self, by creating opportunities to heal the mind, body and spirit. "What better way to become a better you than by addressing your spiritual wealth, by maximizing your mental well-being and by optimizing your physical body," added Dr. Owens-Todd.

Keeping to the principles of naturopathic medicine, the clinic treats the individual and not the disease, and the following are the current list of services.

- Homeopathic Remedies
- Individualized Botanical Formulas
- Naturopathic Pre and Post Natal Support
- Drainage and Detoxification
- Private Naturopathic Counseling
- Exercise Prescriptions
- Exclusive Dietary Modifications
- Educational Seminars
- Certificate Courses

The Meridian Institute for Naturopathic Therapies, LLC is a Saint Louis naturopathic healthcare clinic founded by naturopathic doctor Jamila Owens-Todd, to restore, renew and refresh the human body, mind, and spirit through the natural healing science of naturopathic medicine. It employs alternative, preventative and integrative medicine using scientific research, ancient therapies and spiritual healing as means to achieving health goals. For more information on MINT, visit their website at www.minthealth.org or call 314-677-4041.

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